



BE HEALTHY. BE SAFE. BE READY.

**Txoj kev pab no yog tswv cuab los ntawm:**



**Yog xav paub ntxiv txog koom haum Community Action lossis nrhiav ib lub koom haum ze koj mus rau [www.minncap.org](http://www.minncap.org).**

**Xav tau ib daim DVD  
Nug tau:  
[www.minncap.org](http://www.minncap.org)**

**Xav paub ntau ntxiv txog ECHO cov dej num nug tau:**  
Lillian McDonald, *Executive Director*  
c/o Association of Minnesota Counties  
125 Charles Avenue, Saint Paul, MN  
651-789-4342  
[info@echominnesota.org](mailto:info@echominnesota.org)  
[www.echominnesota.org](http://www.echominnesota.org)

# **Koom Haum – Community Action Minnesota Pab Tib Neeg Hloov Lawv Lub Neej.**

Yog koj xav tawm ntawm txoj kev puag, muaj chaw pab nyob ze koj. Minnesota muaj 28 lub koom haum pab thoob plawv cov nroog hauv lub xeev Minnesota.

ECHO (Emergency, Community and Health Outreach) zoo siab tsaj tawm qhia sawv daws paub tias xov tooj cua TV muaj tshaj tawm uas yog piav txog cov kev pab ntawm koom haum Community Action Agencies muaj pab cov neeg txom nyem thoob plaws lub xeev no. Txoj kev tso tawm no muaj ua 4 hom lus ntawm TV *tpt*:

**Hnub Vasthiv, lub 1 hli, tim 2**

Lus Mex 7:00 p.m.

**Hnub Vasthiv, lub 1 hli, tim 9**

Lus Somali 7:00 p.m.

**Hnub Vasthiv, lub 1 hli, tim 2**

Lus Hmoob 7:30 p.m.

**Hnub Vasthiv, lub 1 hli, tim 9**

Lus Askiv 7:30 p.m.

Txoj kev tso tawm no yuav piav txog ntau yam kev pab uas koom haum Community Action muaj, xws li kev kawm ntxov (Head Start), kev pab fais fab (energy assistance), kev pab kho tsev kom txhob no (weatherization), nrhiav tsev nyob (affordable housing), kev pab zaub mov (food support), kev pab cov laus (senior services), kev pab them nqis (financial fitness training), pab ua se (tax preparation) thiab cob qhia hauj lwm (job training).

Toj kev pab, Koom haum *Community Action Minnesota*, kuj muaj sau ua 4 hom lus nrog rau lus Askiv rau cov neeg tsis hnov lus ntawm:  
[www.echominnesota.org](http://www.echominnesota.org).

